JCC of Greater Baltimore Fitness Center

SINGLE GENDER FITNESS TOO!

RED = FEMALE ONLY, BLUE = MALE ONLY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00am-12:45pm WOMEN	5:30am-7:10am MEN	5:30am-7:10am WOMEN	5:30am-7:10am MEN	5:30am-7:10am WOMEN	5:30am-7:10am WOMEN
	7:15am-10:40am WOMEN	7:15am-10:40am MEN	7:15am-10:40am WOMEN	7:15am-10:40am MEN	7:15am-8:55am MEN
					9:00am-12:25pm WOMEN
12:50pm-6:45pm MEN	10:45am-1:55pm MEN	10:45am-1:55pm WOMEN	10:45am-1:55pm MEN	10:45am-1:55pm WOMEN	12:30pm-3:45pm MEN
	2:00pm-4:40pm WOMEN	2:00pm-4:40pm MEN	2:00pm-4:40pm WOMEN	2:00pm-4:40pm MEN	
	4:45pm-7:00pm MEN	4:45pm-7:00pm WOMEN	4:45pm-7:00pm MEN	4:45pm-7:00pm WOMEN	
	7:05pm-9:15pm WOMEN	7:05pm-9:15pm MEN	7:05pm-9:15pm WOMEN	7:05pm-9:15pm MEN	

MOTZEI SHABBOS

The JCC is open from 7:30pm-10:30pm on Saturdays from November 7, 2026- March 13, 2027

NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH
November 7	**December 5**	**January 2**	**February 6**	**March 6**
M, 7:30-8:55pm	M, 7:30-8:55pm	M, 7:30-8:55pm	W, 7:30-8:55pm	W, 7:30-8:55pm
W, 9:00-10:15pm	W, 9:00-10:15pm	W, 9:00-10:15pm	M, 9:00-10:15pm	M, 9:00-10:15pm
November 14	**December 12**	**January 9**	**February 13**	**March 13**
W, 7:30-8:55pm	W, 7:30-8:55pm	W, 7:30-8:55pm	M, 7:30-8:55pm	M, 7:30-8:55pm
M, 9:00-10:15pm	M, 9:00-10:15pm	M, 9:00-10:15pm	W, 9:00-10:15pm	W, 9:00-10:15pm
November 21	**December 19**	**January 16**	**February 20**	
M, 7:30-8:55pm	M, 7:30-8:55pm	M, 7:30-8:55pm	W, 7:30-8:55pm	
W, 9:00-10:15pm	W, 9:00-10:15pm	W, 9:00-10:15pm	M, 9:00-10:15pm	
November 28	**December 26**	**January 23**	**February 27**	
W, 7:30-8:55pm	W, 7:30-8:55pm	W, 7:30-8:55pm	M, 7:30-8:55pm	
M, 9:00-10:15pm	M, 9:00-10:15pm	M, 9:00-10:15pm	W, 9:00-10:15pm	
		January 30		
		M, 7:30-8:55pm		
		W, 9:00-10:15pm		

The Associated
Inspiring Jewish Community