



TOUR OF ISRAEL FITNESS CHALLENGE



Be strong with us
as we take a fitness
journey through the
Holy Land!

July 7-August 25, 2024
Both JCCs

Log your activity with our fitness staff to see how far you have traveled based on your chosen activity whether it's walking, swimming, cycling, using an elliptical or taking a group fitness class. Everything has a mileage equivalent for its duration.

REGISTER ONLINE AT
jcc.org/TourOfIsrael
OR REGISTER IN PERSON WITH JCC STAFF



Need more info or want to join us?
Contact **Denard Smith** dsmith@jcc.org or
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