

Effective May 5, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	CLOSED
Open Gym (7-10)	Get Fit Stay Fit 9:15 - 10:30		Get Fit Stay Fit 9:15 - 10:30		Get Fit Stay Fit 9:15 - 10:30	
Soc shots 10:15 - 12:15	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	CLOSED
Volleyball (10-12)						
Open Gym 12:30-6:45	Open Gym	Go Girl Go 6:00 - 7:15	Open Gym	Basketball Clinics 5 7:15pm	Open Gym	CLOSED
CLOSED		Table Tennis 7:30 - close		Open Gym		
<p>Open gym = first come first serve on the courts for basketball play etc. Must provide own equipment</p> <p>Drop In Sports - Do not start set-up until 7:30pm Program - gym closed to members</p>						

Schedule is subject to change based on building hours and program changes. Members must provide ALL own equipment!

THIS SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE!

WE APPRECIATE YOUR COOPERATION AND THANK YOU FOR YOUR MEMBERSHIP LOYALTY TO OUR FACILITY!

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