

## PARK HEIGHTS BLAUSTEIN GYM SCHEDULE Effective March 18, 2024



Sunday		Monday		Tuesday		Wednesday		Thursday	Friday	Saturday
Closed		Open Gym		Open Gym		Open Gym		Open Gym	Open Gym	
Open Gym (7-10)		YMC (8:40 - 9:15)		YMC (8:40 - 9:15)		YMC (8:40 - 9:15)		YMC (8:40 - 9:15)	YMC (8:40 - 9:15)	
		Get Fit Stay Fit		Open Gym		Get Fit Stay Fit		Open Gym	Get Fit Stay Fit	
Soc shots 10:15 - 12:15	Volleyball (10-12)	YMC (10:30 - 10:55)		YMC (10:30 - 10:55)		YMC (10:30 - 10:55)		YMC (10:30 - 10:55)	YMC (10:30 - 10:55)	
		Open Gym		Open Gym		Open Gym		Open Gym	Open Gym	
Open Gym 12:30-6:45		YMC (12:10 - 2:20)		YMC (12:10 - 1:35)		YMC (12:10 - 2:20)		YMC (12:10 - 1:35)	YMC (12:10 - 1:35)	CLOSED
		Open Gym		Open Gym		Open Gym		Open Gym	Open Gym 1:35 - 5:15	
		YMC 3:25 - 4:25		YMC 4:05-4:25		YMC 3:25 - 4:25		YMC 4:05-4:25		
		Open Gym		Open Gym  Go Girl Go 6:00 - 7:15		Open Gym		Open Gym		
								Basketball Clinics 5 - 7:15pm		
CLOSED		Table Tennis 7:30 - close	Open Gym	Open Gym	Volleyball (7:30-close)	Table Tennis 7:30 - close	Open Gym	Open Gym		
Open gym = first come first serve on the courts for basketball play etc. Must provide own equipment										
Drop In Sports - Do not start set-up until 7:30pm YMC school use - gym closed to members										

Schedule is subject to change based on building hours and program changes. Members must proved ALL own equipment!