

LifeBridge Health Presents The TeleLearning Program

...Providing Health and Wellness information, we are offering presentations using:

1-646-741-5292

Access Code: 111-1059-1175

Call in to join the following classes:

5/3 12pm – Mental Health Monday

5/4 11am - Bursitis

5/4 2pm - Arthritis Awareness

5/5 2pm - Diabetes Wednesday

5/6 11am – Understanding Heart
Attacks

5/6 2pm - Stroke Awareness

5/7 11:30am – Atherosclerosis

5/7 1pm – Live Life Healthy

5/10 12pm – Mental Health Monday

5/11 11am - Psychotherapy

5/11 2pm - Better Hearing and
Speech

5/12 2pm - Diabetes Wednesday

5/13 11am -Environmental Allergies

5/13 2pm - Food Allergies

5/14 11:30am – Sinus Infections

5/17 12pm – Mental Health Monday

5/18 11am - Cirrhosis

5/18 2pm - Hepatitis Awareness

5/19 11am - Workout Wednesday

5/19 2pm - Diabetes Wednesday

5/20 11am - Psoriasis

5/20 2pm - Melanoma & Skin Cancer

5/21 11:30am – Acne

5/24 12pm – Mental Health Monday

5/25 11am - COPD

5/25 2pm - Asthma and Allergies

5/26 2pm - Diabetes Wednesday

5/27 11am – Understanding Blood
Pressure

5/27 2pm - High Blood Pressure

5/28 11:30am - Low Blood Pressure

5/31 - MEMORIAL DAY

Contact our Nurses on Wednesdays

8:30-10:00am with questions about topics:

Nurse Terrie- 443-618-7443 // Sister Seton- 410-259-8083

For comments and feedback:

Marsha Green- 443-618-8781

Please contact 911 for emergencies only, 211 for COVID-19 (Coronavirus)

 **LIFEBRIDGE HEALTH®**

CARE BRAVELY