Jewish Community Center of Greater Baltimore

Offering Fun for the Young & the Young at Heart

- Preschools
- Summer Camps
- Baby & Me Activities
- After School and Vacation Day Programs
- Jewish Holiday Celebrations
- Arts Programming
- Sports Leagues and Lessons
- Fitness Classes
- Swim Lessons and Swim Team
- Gyms, Playgrounds, and Pools

Senior Icon S
Look for this icon to find classes suitable for older adults.

jcc.org
Early Bird Special!
Register now and save up to $150
September 20-January 31
Some restrictions apply.

Perfect for ages 2-15.
We offer something for everyone:
• J Day & J Day Jr.
• Noah’s Ark & Camp Ami (Preschool)
• Habimah Arts
• Maccabi Sports
• Tennis
• Camp Koolanu
• TNT (Top Notch Teens)
• CIT (Counselor in Training)
• Inclusion Program
• CSA Karate
• Pre and Post Camp options

Want to know more?
Contact Stacy:
410.559.2390 | jcamps@jcc.org

Express Bus Service available.
JCC Membership not required.

Visit jcc.org/camps
SHALOM | Welcome to the J

Members and Friends,

Today, the J is remarkably well-positioned to engage the Jewish community with amazing, celebratory experiences infused with Jewish values.

Imagine large-scale community gatherings for holidays and festivals — a Chanukah LEGO Menorah event at the Gordon Center, an indoor Tu B’shevat seder amid forest greenery, other multigenerational Shabbat celebrations — here at the J, we are excited to celebrate in 2017/18!

Along with the J’s new Center for Jewish Life led by Rabbi Jessy Gross, our entire management team is creating a JCC culture around the rhythm of the Jewish calendar.

The JCC board has adopted the following new mission statement for our agency:

*Inspired by Jewish values, we create meaningful experiences and opportunities to enrich, connect and celebrate a vibrant Jewish community.*

At the J, we are building a community that celebrates diversity and strives to infuse kindness in everything we do.

While we are still enhancing programming areas such as adult engagement and deepening our connections with Israel and global Jewry, we are incredibly excited about our progress so far and our commitment to living the value of hachnasat orchim — welcoming ALL into our thriving Jewish home.

We hope you can join us as we work together to identify innovative ways to inspire Jewish curiosity around Shabbat, Jewish holidays and Jewish values.

Please check out our diverse menu of programs and services. From fitness, aquatics, and wellness programming in partnership with LifeBridge Health to Gordon Center performances, to 4Front teen programs to programs for parents and grandparents, please take advantage of all the JCC community has to offer — and then some!

Barak Hermann
CEO

P.S. Follow us on Facebook or sign up for our e-news at JCC.org to stay updated.

REGULAR BUILDING HOURS
SEPT. 2017-AUG. 2018

**OWINGS MILLS**
**MONDAY-THURSDAY:** 5:30am-10:00pm
**FRIDAY:** 5:30am-6:00pm
**SATURDAY:**
September 9 -May 19: 7:30am-6:00pm
May 26-September 1: 7:30am-7:00pm
**SUNDAY:** 7:00am-7:00pm

**PARK HEIGHTS**
**MONDAY-THURSDAY:** 5:30am-10:00pm
**FRIDAY:**
September: 5:30am-6:00pm
October: 5:30am-5:30pm
November & December: 5:30am-4:00pm
January: 5:30am-4:15pm
February: 5:30am-4:15pm
March 9: 5:30am-5:00pm
March 16-Sept. 30: 5:30am-6:00pm
**SATURDAY:**
Closed: During Daylight Savings
Open November 11- March 10: 7:30-10:30pm
Café open until 11:00pm

**SUNDAY:**
September 10 -May 13: 7:00am-7:00pm
May 27-September 2: 7:00am-5:00pm

**DOWNTOWN BALTIMORE JCC**
**MONDAY/ WEDNESDAY/FRIDAY:**
9:30am-12:30pm
**TUESDAY/THURSDAY:**
9:30am-12:30pm & 3:00-6:00pm
**SELECT SUNDAYS:** 9:30am-12:30pm

FOR HOLIDAY BUILDING HOURS, SEE BACK COVER.
Extraordinary Care for an Extraordinary Community

Dedicated to getting you well – and keeping you well, LifeBridge Health offers a full range of health and wellness services for people in all stages of life. With seamless access to specialists and convenient locations close to you, LifeBridge Health is the future of health care.

Through collaboration and partnership, LifeBridge Health and the Jewish Community Center of Greater Baltimore create meaningful experiences and opportunities to enrich, connect and celebrate a vibrant community.

Back pain? Sprains and Strains? Want to improve your sports performance?

LifeBridge Health Physical Therapy can get you where you want to go. Our highly skilled physical therapists will develop a personalized plan to help you reach your goals. Whether you’re recovering from an injury or surgery, or want to take your athletic performance to the next level, we will get you moving at the speed of your life.

For a complimentary consultation or to schedule an appointment, call 410-654-7525.
The Gordon Center for Performing Arts
Baltimore County’s premier Performing Arts Center

2017-18 SEASON

An intimate theater setting with superior seating and acoustics. Featuring nationally and internationally acclaimed artists.

FAMILY ENTERTAINMENT
11.5 Mark Nizer, Comedy & Juggling
BSO Music Box Series:
11.12 Farm Animals
3.18 In the Treetops
12.10 Hanna and the Moonlit Dress, Musical Play
1.21 Laurie Berkner, Recording Artist

MUSIC
Chamber Encounters Concert Series
9.18 The Clarinet Quintets
12.6 Bach, Sibelius, and Dvorak
2.21 The Schubert String Quartet
5.30 Brahms Sextet
11.9 Béla Fleck and Abigail Washburn
11.26 Boston Brass
12.9 David Broza and Peter Yarrow
1.14 Soul to Soul, MLK celebration
Presented by the National Yiddish Theatre Folksbiene
1.24 U.S. Naval Academy Band
Brass Ensemble
2.3 International Guitar Night
5.6 HaZamir Baltimore

DANCE
2.11 Beauty and the Beast, with the Ballet Theatre of Maryland
2.15 Baltimore Dance Invitational
2.24 AXIS Dance Company

JCC MEMBERS: SAVE 10-25% on tickets!
The more shows you buy, the more you save!
410.356.7469 | info@gordoncenter.com

For a full listing of shows and to purchase tickets, visit gordoncenter.com

THE GORDON CENTER FOR PERFORMING ARTS
Rosenbloom JCC | 3506 Gwynnbrook Avenue, Owings Mills, MD 21117

Be sure to Like us on Facebook to stay ‘in the know.’
Please print all information. Use one form per class, per person. Be sure to list class by code number and name.

Are you a JCC member?  ■ Yes  ■ No  ■ Account Number: ___________________________  ■ Today’s Date: ___________________________

Participant’s Name: ______________________________________________________  ■ Male  ■ Female

Parent’s Name if under 18: __________________________________________________

Address, City, State, Zip: __________________________________________________

Phone (work): ___________________________  (home): ___________________________  Email: ______________________________________

Date of Birth: ___________________________  Grade and School, if child: ___________________________

Class Name: ___________________________

Code Number: __________  Day: ________  Time: ________  Date (start/end): __________  Location: ___________________________

Price: __________  Total Amount: __________  Check Number: ___________________________

■ Cash  ■ Charge  ■ Visa  ■ Master Card  ■ Discover  ■ AmEx  Credit Card Number: __________  Expiration: __________

Cardholder’s Name: ______________________________________________________  Cardholder’s Phone Number: ___________________________

Cardholder’s Address: ______________________________________________________

Check this box if you DO NOT want any photos or videos of you (or your child registering) to be used in any JCC Marketing materials.

Looking for programs suited for seniors?

Look for this icon throughout the guide to assist you with finding appropriate classes.

How to Register

Online Registration
Visit jcc.org/register

Find your class from the landing page:
Type in the class code or the title of the class and hit the arrow button.

For assistance call our help line, 410.559.3518

In Person Registration
Drop off the completed form (below) at either JCC finance window. After hours, please drop form off at the Welcome Desk. Registration forms will be processed in order of receipt.

Phone Registration
Choose one of the following options:
• Call the JCC contact person listed with the class information.
• Call our finance office:
  Sunday-Friday | 9:00am-5:00pm
  OM: 410.559.3519  |  PH: 410.500.5911

Late Registration
If you are interested in a class/program just before, or soon after it begins, please contact the staff person listed for that class/program for space availability.

Payment
Full payment is required at time of registration. Current membership is required at the time of registration and throughout the session to take advantage of the member discount or a member-only offering.

All payments for CSA classes must be made directly to CSA. Visa, Mastercard, Discover, AmEx, and checks payable to CSA, Ltd. accepted.

Please print all information. Use one form per class, per person. Be sure to list class by code number and name.

Are you a JCC member?  ■ Yes  ■ No  ■ Account Number: ___________________________  ■ Today’s Date: ___________________________

Participant’s Name: ______________________________________________________  ■ Male  ■ Female

Parent’s Name if under 18: __________________________________________________

Address, City, State, Zip: __________________________________________________

Phone (work): ___________________________  (home): ___________________________  Email: ______________________________________

Date of Birth: ___________________________  Grade and School, if child: ___________________________

Class Name: ___________________________

Code Number: __________  Day: ________  Time: ________  Date (start/end): __________  Location: ___________________________

Price: __________  Total Amount: __________  Check Number: ___________________________

■ Cash  ■ Charge  ■ Visa  ■ Master Card  ■ Discover  ■ AmEx  Credit Card Number: __________  Expiration: __________

Cardholder’s Name: ______________________________________________________  Cardholder’s Phone Number: ___________________________

Cardholder’s Address: ______________________________________________________

Check this box if you DO NOT want any photos or videos of you (or your child registering) to be used in any JCC Marketing materials.
Boltansky Indoor Track in Owings Mills
We have an amazing track for running and walking. Please observe proper track etiquette:
- Walkers must move to the inside lane to allow traffic to pass safely
- When with a friend, do not walk or run side-by-side
- Wear proper shoes, no black soled shoes
- Children under age 10 are not permitted on the track.
- Track phone is for emergency use only
- Please observe daily track directions posted on the wall

Stroller Hours
Mon/Wed/Fri: 9:00am-12:00pm and 1:30-3:30pm
Tues/Thurs: 9:00-11:00am and 1:30-3:30pm

Teen Workouts
You must be 16 or old to workout in the JCC Fitness Centers, however, teens ages 12-15 can gain access to the Fitness Centers once they've completed the Jr. Weight Training course. Access is limited to cardio and selectorized equipment.

Jr. Weight Training
Completion of three, one-hour training sessions gives teens access to our Fitness Centers. Work with one of our certified personal trainers to learn proper techniques, protocol, and establish a safe and effective workout. Schedules are flexible for dates and times that suit you.

Interested?
OWINGS MILLS (OM) —
Alek Groopman: 410.559.3540 | agroopman@jcc.org

PARK HEIGHTS (PH) —
Michele Mandel: 410.500.5923 | mmandel@jcc.org

Single Gender Fitness at Park Heights
Fitness Too! is our fully-equipped, single-gender fitness room with cardiovascular and strength training equipment.

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<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
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<tbody>
<tr>
<td>Sunday</td>
<td>7:00-8:55am</td>
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<td>12:30-3:55pm</td>
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<tr>
<td>Mon/Wed</td>
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<td>6:50am-12:55pm</td>
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<td>1:00-3:55pm</td>
<td>4:00-6:55pm</td>
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<td>7:00-8:25pm</td>
<td>8:30-9:45pm</td>
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<tr>
<td>Tues/Thurs</td>
<td>6:50-8:55am</td>
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<td></td>
<td>3:00-6:55pm</td>
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<td>8:30-9:45pm</td>
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<td>Saturday**</td>
<td>7:30-8:55pm</td>
<td>9:00-10:15pm</td>
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*15 minutes prior to closing.
**Saturday hours alternate weekly and only available: November 11, 2017 - Saturday, March 10, 2018

Personal Training

Benefits of Personal Training:
- Learn the right techniques to avoid injury while achieving powerful results.
- Reach your goals with customized exercise routines designed to meet your unique physical needs.

Our Trainers:
- Over 20+ certified personal trainers on staff.
- All of our trainers are certified in CPR and have nationally recognized personal training certification.

Trainer specializations include but are not limited to:
- Weight Management
- Nutritional counseling
- Injury prevention and rehabilitation
- Marathon/triathlon preparedness
- Youth and teen fitness, older adult fitness

OM — Justin Dominick: 410.559.3548 | jdominick@jcc.org
PH — Denard Smith: 410.500.5921 | dsmith@jcc.org

First Time Training?
Get your first 3 full-hour sessions for only $120!
Or, try our 1 full-hour session plus 4 half-hour sessions for $165.
(Offer valid for youth, teens, or adults)

One-On-One Personal Training Fees

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<th>Half Hour</th>
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<tbody>
<tr>
<td>1-4 Sessions</td>
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<td>10+ Sessions</td>
<td>$55</td>
<td>$33</td>
</tr>
<tr>
<td>20+ Sessions</td>
<td>$50</td>
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</tbody>
</table>

Group and Partner Training

- An affordable alternative to one-on-one Personal Training
- Share the cost with friends or let us find you workout buddy
- Combines individual attention with the energy of a group to help you reach your goals faster!

Small Group Personal Training Prices

<table>
<thead>
<tr>
<th></th>
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<th>Half Hour</th>
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<tbody>
<tr>
<td>1 Session</td>
<td>$40</td>
<td>$23</td>
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<tr>
<td>Partner</td>
<td>$33</td>
<td>$20</td>
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<td>$16</td>
</tr>
<tr>
<td>4 People</td>
<td>$25.20</td>
<td>$13.50</td>
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</tbody>
</table>

(Price is per person per session for all personal training)
Group Fitness Classes - Free for Members

The JCC’s Group Fitness instructors are the area’s best! They are nationally certified and have completed training programs that have prepared them to motivate you to get your best workout. Most group fitness classes are included in your membership at no additional charge. Classes are for members ages 16+ and options are available for all levels of ability.

- Strength classes: BODYPUMP™, JBARRE, Strength Training
- Cardiovascular classes: ZUMBA®, SH’BAM,™ BODYPUMP™, BODYATTACK,™ BODYCOMBAT,™ BODYVIVE,™ Cycling, INSANITY, J Jam.
- Mind/Body Classes: Yoga, Gentle Yoga, Restorative Yoga, Pilates, and BODYFLOW™

Schedules may change slightly every 4-6 weeks. They are available online at jcc.org/groupfitness.

Amy Schwartz: 410.559.3534 | aschwartz@jcc.org

The Benefits of Mind/Body Exercise

Mind/Body exercises use breathing, focus, and simple movements to help increase flexibility, and reduce stress. We offer a variety of yoga, pilates, meditation, and tai chi classes that also:

- Decrease pain and discomfort
- Decrease anxiety and enhance sleep
- Strengthen the immune system enhancing the ability to heal
- Increase sense of control and well-being

jcc.org/mindbody
Capital Camps
THE OFFICIAL OVERNIGHT CAMP OF THE BALTIMORE JCC

Capital Camps isn’t an ordinary overnight camp. We have an amazing facility featuring:

- Lake Obstacle Course, Canoeing, Kayaking, and Paddle Boarding
- Ropes, Adventure, and Mud Obstacle Courses
- State-of-the-Art Aquatics Center

But the experience doesn’t end at our camp grounds. We also provide every camper with a meaningful Jewish experience in a safe and nurturing environment. Join us to see what a Capital Camps summer is all about.

Ben spent a week before camp worried about his first trip to overnight camp. A few days into camp, I saw this picture. I was so proud to see my son, an introvert, expanding his comfort zones with the support of the Capital Camps community.

CAMP ISN’T JUST FOR KIDS!
Capital Camps offers several family camps throughout the year, making it possible for everyone to have the opportunity to experience the magic that happens here. Bring your family to sit around a campfire together, make s’mores, fly on the zip-line, play in the art room and on the sports fields and so much more. Come to learn, to have fun, and to share meaningful moments.

WWW.CAPITALCAMPSC.ORG
These classes are open to members and guests for a fee. For a list of group fitness classes available free exclusively to members (See page 6.)

For Owings Mills (OM) Classes contact, Justin Dominick: 410.559.3548  |  jdominick@jcc.org

For Park Heights (PH) Classes, contact Denard Smith: 410.500.5921  |  dsmith@jcc.org

For Park Heights Classes for Seniors, contact Amy Schwartz: 410.559.3534  |  aschwartz@jcc.org

PARK HEIGHTS CLASSES
These classes are all FEMALE only.

J Jam (Jewish Jam) | Ages 14+
An energetic and expressive cardio-dance class with high intensity and low intensity options. Regular attendance will gradually increase your cardio strength and endurance. J-Jam will only use Jewish music or dance music that has kosher lyrics. Free for members. Guests pay a fee.

Core and Pelvic Floor | Ages 18+
Has childbirth wrecked your core? Do laughing, sneezing and jumping present a challenge? This class is designed to help you strengthen and define your core muscles. Price includes core ball.

BE-Lieve in Being Strong | Ages 16+
Learn proper fitness principles and how to effectively and efficiently train with weights.

M3 Power Circuit | Ages 16+
This circuit workout is designed to have you working hard and having fun with a friend. Cardio via cycle-bikes, weights, and body weight intervals all done using your partner and trainer Michele Mannes-Mandel as part of your support system.

SENIORS
Designed for Ages 60+ but open to ages 18+

Chair Yoga
Get all the benefits from yoga using a chair! You’ll keep your joints and muscles moving and increase your strength, balance, flexibility, and concentration.

Tai Chi
This gentle exercise focuses on fluid, circular movements that are relaxed and slow in tempo. Breathing is deep and slow, aiding concentration, relaxing the body and allowing the life force, or chi as it is known in Chinese, to flow throughout the body.

Balance Exercise
This lower body training designed to strengthen the legs and improve overall balance. This fun class also develops core strength.

Strength, Stability & Flexibility
Focus on strength training for bone strength, balance and flexibility. Upon completion, you will have a workout to follow on your own or continue to meet with your group. Individual consultation included in the fee.

OWINGS MILLS CLASSES
Shockwave | Ages 18+
We move among eight stations, two of which are rowing machines. The length of time you’re at each station is dependent on the people using the rowing machines—when the last rower finishes everyone rotates. Stations include kettlebells, body bars, push-ups, planks and squats and more.

Meditation for Stress Relief | Ages 18+
Do you find it challenging to concentrate and relax? This class can help focus attention, manage distractions, and promote an overall calmness and relaxation.

SMALL GROUP TRAINING
Register online: jcc.org/smallgrouptraining

For Youth/Teen classes in OM & PH, contact Alex Groopman: 410.559.3539  |  agroopman@jcc.org

For Adult classes in OM, contact Justin Dominick: 410.559.3548  |  jdominick@jcc.org

For Adult classes in PH, contact Denard Smith: 410.500.5921  |  dsmith@jcc.org

With Small Group Training, you get a personal trainer for a fraction of the cost you would pay for your own trainer. This knowledgeable fitness professional will challenge and support you and your fellow participants. And because your group is small they are able to offer corrections for each individual and provide adjustments for individual physical issues, ensuring a safe and beneficial workout for all.

PARK HEIGHTS CLASSES
Separate male and female options are available for each of these classes unless otherwise noted.

Bar/Bat Bootcamp | Ages 9-12
Our certified personal trainers will lead your son(s) or daughter(s) in a fun filled and action packed class designed for them to learn about exercising and improving their fitness level(s). This class will teach about multiple exercising techniques and feature Interval Training, Strength Training, and Body-weight exercises.

STAR Fit | 12+
This strength and conditioning program draws inspiration from Cross-Training workouts. It is based around (SPACES) Speed training, Plyometrics, Agility training, Calisthenics, Endurance training and Stretches. We will utilize brand new ‘spaces,’ including the JCC’s rooftop sports-court area.
FITNESS | Small Group Training

We Have Your Back | Ages 16+ | MALE ONLY
Do you sit at a desk all day? Does your back feel weak and stiff? Learn exercises and stretches that will improve your strength, flexibility and possibly even help with back pain.

HIIT Treadmill | Ages 16+
Introduce your body to High Intensity Interval Training (HIIT) on the treadmill. With this higher intensity you are able to increase both your aerobic and anaerobic endurance while burning more fat than normal cardio. Try it out to improve your race time and learn proper running techniques.

Close Quarters Circuit Training | Ages 18+ | MALE ONLY
This hands-on class is based in combat, stressing a rapid assault of constant moving and a precise application of weight training technique. You will work to become proficient in cardiovascular conditioning and split-second movements in a small radius.

TRX Training | Ages 18+
Build strength and increase muscle tone, flexibility, and balance. Have fun while you challenge your body with this progressive suspension training workout.

OWINGS MILLS CLASSES
All classes are Coed

Zumba Junior | Ages 9-12
You'll forget you're working out with these fun but simple moves including, Cha Cha, Salsa, reggaeton, rumba and more. No previous dance experience necessary!

Yoga Junior | Ages 9-12
Designed especially for youth to help release energy and tension while developing strength, flexibility, and confidence. Quicker movements through fun sequences add a fun twist on traditional yoga.

Jr. Weight Training | Ages 12-15
Learn the ins and outs of how to work out with the Fitness Center equipment. Students who complete this course gain access to the Fitness Center without needing a guardian present during the Family/Teen workout times.

Intro to Yoga | Ages 16+
Yoga classes can be intimidating to a new student. You will learn proper yoga postures, alignment, and modifications in a supportive small group environment.

Superset Success | Ages 16+
Cut the time of your workout but double the intensity and calorie burn. Learn the combinations of supersets that will leave you weary from head to toe. Work harder, faster.

Hot Buns ’n Burnt Muffin Tops | Ages 16+
Build and tone your buns and melt away your belly fat using isolated and controlled movements, body weight, free weights, bands and balls along with quick bursts of plyometric interval training. We'll focus on timed work outs and rest periods, strength building and increased flexibility.

Core and Stability TRX Training | Ages 16+
This suspension training class builds true functional strength and improves flexibility, balances and core stability all at once. The exercises are core-focused including, isometric holds as well as high repetitions, with directions for proper alignment.

Lunchtime Circuit Express | Ages 16+
These short, intense workouts will feel like an hour, but they are less. Each week is different. Taught by Tennis Director Adam Stein who has been a personal trainer for over 20 years. We all have fitness goals, Adam will help you reach them.

Private/Semi-Private Yoga | 16+

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<th>Duration</th>
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</tr>
<tr>
<td>Private Yoga Sessions</td>
<td>30/60/90 minute options</td>
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<tr>
<td>Private Therapeutic Yoga</td>
<td>60 minutes</td>
</tr>
<tr>
<td>Semi-Private Therapeutic Yoga</td>
<td>60 minutes</td>
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</tbody>
</table>

For details, contact Amy Schwartz: 410.559.3534 or aschwartz@jcc.org
Meet our New J Team Members

**Jake Max – Program Director, Charm City Tribe**
After graduating with a business degree from Emory University, Jake Max served as a Food Justice Fellow for the nonprofit Repair the World in Brooklyn, NY, where he became involved in community organizing and worked for a network of food kitchens and pantries serving vulnerable populations. In New York, Jake became passionate about community organizing. While many business students are led in the direction of working for banks and consultancies, Jake felt it was important for him to return to his native Baltimore and play an active, social entrepreneurial role in community affairs. “Brilliant kids, the smartest of kids go the business route. But, if we’re not going to change the state of the world the way it is, with so many problems facing us, then who is?”

**Justin Dominick – Senior Fitness Director**
Justin Dominick is the J’s new Senior Fitness Director and will oversee the Rosenbloom Owings Mills JCC Fitness Center and the Weinberg Park Heights JCC Fitness Center. Justin comes to the J from the corporate wellness side of the fitness industry, where he served as a Program Manager, overseeing the employee health and wellness programs for a local Baltimore County company. He earned his B.S. in Exercise Science from Salisbury University and has worked in various roles within the fitness industry for the last 13 years. He is a Certified Strength and Conditioning Specialist with the National Strength and Conditioning Association. He has been married for 3 years and he and his wife have a 4 month old daughter named Emerson.

**Shira Heideman – Program Director, Weinberg Park Heights JCC**
For Shira Heideman, the Weinberg Park Heights JCC’s new Program Director, providing engaging classes and programs for the Park Heights community isn’t just a job, it’s something she finds to be genuinely fulfilling. Between working as Director of Events and Marketing for Etz Chaim for the past three years and serving as an advisor for NCSY before that, Shira has spent most of the past decade working in Jewish programming and is excited to put that experience to use for the JCC. In her spare time, Shira loves to cook and spend time with her husband and two sons.

**Ivey Och – Senior Director of Plant Operations**
As the JCC’s new Senior Director of Plant Operations, Ivey Och is charged with maintaining all of the plumbing, heating, and other mechanical systems for our three JCC buildings, in addition to overseeing the J’s housekeeping operations. Ivey began his career as a woodworker, specializing in custom cabinetry installations, before taking a maintenance position at the Hunt Valley Inn where he quickly worked his way up to the title of Assistant Chief Engineer. Prior to arriving at the JCC in July 2017, Ivey spent three years working as a crew chief and head of maintenance at a detention center in Towson.
Every year, through its Annual Campaign, The Associated helps families with young children establish a Jewish home, teens find their identity, women escape abusive marriages and seniors live independently as long as possible. Here are just two of the stories that are making a difference in our community.

Making the Connection: Stacy Harvey

Transplanted from Manhattan in 2013, Stacy Harvey wanted to make Baltimore feel like home. So shortly after having her first daughter she became a “connector” with the Macks Center for Jewish Education’s community connectors program.

Launched in April 2014 the connectors program encourages individuals to spend time with and get to know other Jewish families in their local communities. Connectors draw interested parties into existing Jewish community activities while also creating new Jewish experiences for them.

For Stacy this has meant reaching out to about 30 Jewish families in the downtown neighborhood where she and husband Justin are raising two daughters, Talia and Arielle. They get together to light Shabbat candles and celebrate Havdalah. They have holiday parties and Jewish-themed moms’-night-out events.

“My role as a non-religious Jew is to find ways to incorporate Jewish values and traditions into my kids and my neighbors’ kids’ routines,” she says. “I see it as promoting the cultural and traditional parts of Jewish life.”

Stacy aims to make her events fun and friendly, a chance to forge friendships in a Jewish context. “It’s super casual. We sing songs, the kids run around and play. It’s religion in a way that is informal and fun,” she said.

For one recent moms’ night, the women discussed Eshet Chayil, “woman of valor.” “It was time for us to come together without the chaos of our kids running around, just to connect as Jewish women.”

Participants take away a range of experiences, often based on their own backgrounds and personal sense of Jewish identity. “For some it brings them back to traditions they had in their childhoods, and for some of us we are learning these traditions for the first time as adults,” she says. “Either way, I hope it is making people feel more connected to Judaism.”

Enduring Friendship: Haley Bach and Hannah Terle

Today Haley Bach is pursuing a career working with people with disabilities. But that might not have happened if not for an amazing friendship she developed while bunking with Hannah Terle, a camper with autism, the summer she was 10.

It was during one summer at the JCC’s Camp Milldale. After attending camp for years, Haley developed a core group of camp friends. Hannah was part of the camp’s inclusion program, designed for campers with a wide range of disabilities who join bunks with their typical peers.

“I remember it like it was yesterday,” Haley recalls. “Hannah comes into our bunk and she wasn’t verbal, she just made noises. Yet, there was something about her. We connected almost immediately on that first day.”

After camp ended, the friends kept in touch. Haley visited Hannah in her home in Howard County and they hung out together. And Haley became Hannah’s inclusion counselor a few years later.

As the friendship blossomed, so did Haley’s interest in learning more about autism. Today, Haley is pursuing a degree in social work. And she works at KLAL (Keep Living and Learning) For Every Season, a vocational and life skills activities for teens and adults with learning, developmental, social, emotional and physical disabilities, held at the JCC.

Hannah’s mother, Judy Terle, sees the friendship working because the two treat each other with respect. “If Hannah did something different, Haley didn’t think it was weird. She lets Hannah be herself and accepts her for who she is.”

Fourteen years later, Hannah remains one of Haley’s best friends. “I’ll tell her everything about me. If I’m upset, I’ll hug her and cry. And she’ll hug me back. Hannah made me who I am today,” says Haley.
The JCC Swim School is one of the largest providers of water safety and swimming education in the Maryland area. We employ the highly regarded American Red Cross Learn-to-Swim Curriculum.

Questions? Contact Shawnise Crawford:
410.500.5931 | scrawford@jcc.org

All classes are available at both Owings Mills (OM) and Park Heights (PH) unless otherwise noted.

Parent Infant Swim | Ages 6 months-2 years | OM only
An energetic and expressive cardio-dance class with high intensity. Parents and infants acclimate to water through kicking, reaching and blowing bubbles.

Parent Child Swim | Ages 2-5
For children with two or more previous sessions of water adjustment lessons. Parents and children develop water confidence together through basic water exploration and primary swimming skills.

Tadpoles | Ages 3-5
Small group lessons designed to build self-confidence, water exploration and primary swimming skills.

Arc Level 1 Swim | Ages 5+
Participants gain comfort in the pool by learning to enter/exit water, blow bubbles, open eyes under water, front/back glides, back float, roll front/back/front, tread water, alternating and simultaneous arm and leg action and more.

Arc Level 2 Swim | Ages 6+
Participants continue to build on Level 1 skills and learn new fundamentals such as jumping into the pool, holding breath fully submerged, bobbing, front jellyfish and tuck floats, change direction of travel while swimming on front and back, combined arm and leg action on front and back, finning on back.

Arc Level 3 Swim | Ages 7+
Participants continue to build on Level 2 skills by practicing in deeper water. New activities include head first entry, survival float, back float, change from vertical to horizontal positions, flutter, dolphin, and scissors kicks, front crawl & elementary back strokes.

Arc Level 4 Swim | Ages 7+
Participants continue to build on Level 3 skills and learn headfirst entries from side in compact and stride positions, swim under water, feet first surface dive, survival swimming, front crawl and backstroke open turns, tread water using two different kicks, back crawl, breaststroke, sidestroke, and butterfly, flutter and dolphin kicks on back.

Arc Level 5 Swim | Ages 7+
Participants continue to build on Level 4 skills and learn hallow-angle dive from the side, tuck and pike surface dives, submerge completely, flip turns and refinement of front and back crawl, backstroke, breaststroke, sidestroke, butterfly, and standard scull.

Arc Level 6 Swim | Ages 7+
Participants learn to refine strokes to swim with ease. Advanced activities include: water safety instructor course, competitive swimming or diving, fitness swimmer, personal water safety, and fundamentals of diving.

Teen/Adult Beginner Swim | Ages 13+
Introduction to water skills; submersion in water, breath control, floating on front and back with floatation support.

Teen/Adult Intermediate Swim | Ages 13+
Learn the fundamentals of swimming including: elements of front and back crawl, independent floating on front and back. Lap swimming.

Teen/Adult Stroke Improvement | Ages 13+ | OM only
Fundamental Aquatics Skills; elements of front and back crawl, independent floating on front and back.

Teen/Adult Stroke Refinement | Ages 13+ | OM only
Refinement of all six basic strokes. Introduction to fitness swimming, front and back flip turns.

Stroke Clinic | Ages 6-16 | PH Only
Focuses on each of the four competitive strokes, starts and turns.

Swimming Lesson Policy
Sometimes the pool becomes unavailable for swimming lessons due to circumstances beyond our control. If the pool is unavailable for swimming lessons due to inclement weather or health and safety related issues, our instructors will conduct a land-based session including either water safety and/or land-based stroke drills at the instructor’s discretion. Make-up lessons will not be scheduled if a water session needs to be missed for one of these reasons. The JCC does not provide refunds for missed water sessions.
**AQUATICS | Certifications**

Questions? Contact Matt Dackman:  
410.559.3537  |  mdackman@jcc.org

All classes are held in Owings Mills unless otherwise noted.  
All classes are American Red Cross certified.

**ARC Babysitting | Ages 11-14**  
Receive instruction in basic infant care, first aid for burns, bleeding, choking, head injuries and stings; poison prevention and treatment and safety precautions.

**Lifeguarding | Ages 15+**  
Upon successful completion of this course, become certified in Lifeguarding, First Aid and CPR/AED for the Professional Rescuer.

**Lifeguarding Review | Ages 15+**  
This course allows currently certified lifeguards the opportunity to review the content of the Lifeguard course in a classroom setting in about half the time of a full lifeguarding course.

**Adult and Pediatric First Aid/CPR/AED | Ages 15+**  
Learn how to recognize and care for burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age.

**AQUATICS | Water Aerobics**

Questions? Contact Shawnise Crawford:  
410.500.5931  |  scrawford@jcc.org

All classes are available at both Owings Mills (OM) and Park Heights (PH) unless otherwise noted.

**Arthritis Foundation Aquatics | Ages 21+ (Female-only in PH)**  
Gentle activities in warm water with guidance from a trained instructor to help gain strength and flexibility.

**Water Aerobics | Ages 18+ (Female and Coed Options available in PH)**  
Resistance training for toning, strengthening and cardiovascular benefits. Free for Members ages 60+.

**Deep Water Aerobics | Ages 60+ | OM Only**  
Join us for a 45 minute, non-impact, deep water fitness class that will increase cardiovascular endurance, muscular strength and flexibility.

**Water Safety Instructor | Ages 16+**  
Provides instructor candidates the training needed to teach courses in the ARC Swimming and Water Safety Program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants’ progress.

**Water Zumba | Ages 18+ (Female-only)**  
OM in Summer | PH in Fall-Spring  
This low-impact, high-energy aquatic exercise will enable you to really let loose without putting any extra pressure on your joints.

We are proud to be a part of all that the Jewish Community Center does for our community.

HeritageToyotaOwingsMills.com
Questions? Contact Jen Lake:
410.559.3553 | jen@csakarate.com

Family Karate | Ages 3+
Students enjoy quality family time learning traditional Martial Arts skills, drills, and forms while getting a great workout, earning belts, and having FUN!  
*Family discount offered.*

Karate
Beginner (No Belt to White Belts 2nd Stripe) 
Ages 3-13
Get your children involved in a program that will help build confidence, control, and character. Students will improve flexibility, strength, focus, agility, coordination, discipline, memory, and more. Students are challenged while getting a great workout and having fun.

Karate
Intermediate (Yellow Belt to Yellow 2nd Stripe) 
Ages 5-12
Expand on the basics and fine tune skills learned in the beginner program by working on higher level forms and drills. Students will also focus on Self Defense techniques and application of skills while getting a great workout and having fun!

Karate
Advanced (Blue Belt and up) | Ages 6-12
Advanced students will be challenged with exciting new drills and forms, and be introduced to weapons of the Martial Arts. They will improve stamina and strength with physical conditioning and practice techniques with partners in a safe environment.

Sparring Class | Ages 6-12
Put your Martial Arts skills to the test in a controlled and safe environment with sparring drills, techniques, and practice. Students will “gear” up, get a great workout, and have fun.

Kickboxing and Sports Conditioning for Kids | Ages 6-13
Have fun in this boot camp style class with jump roping, boxing, kickboxing, strength and agility training, and games.

Mixed Martial Arts (MMA) | Ages 6+
This high energy class is a mix of Grappling/Wrestling, Brazilian Jiu Jitsu, and Kickboxing. There will also be a special focus on self-defense techniques and fitness.

Cit Counselor-in-training Prep Course | Ages 11+ *
This leadership course will prepare future CIT’s and counselors for Karate Camp 2018 and beyond. Class includes team building, problem solving, and much more! (*Held during spring session.)

Taekwondo | Ages 7-15
Rabbi Dena holds a 6th Dan Black Belt by the United Taekwondo Association and has also studied a variety of other Martial Arts. The class will consist of a great warm up and stretch, basic Taekwondo skills, fun, and games.

Open Mat | Ages 8+
This time will be used for students of all levels to fine tune their skills by working on advancement, partner techniques, self-defense, fitness, and more.

Kickboxing (Female only) | Ages 13+
Jump rope, core strengthening, agility drills, boxing and bag work, kicking, and more...this class is the real deal taught by Black Belt Instructor and ACE-certified Personal Trainer, Jen Lake! Be prepared to sweat and have fun.

Self-Defense and Karate | Ages 13+
This practical class will give you the tools to live a safer life by learning basic evasion, blocking, and striking techniques, improve awareness and become more confident. You will also have the opportunity to advance through the belt system making your way to Black Belt!

T’ai Chi | Ages 13+
Learn the beautiful ancient art of Yang Style T’ai Chi along with other moving meditations. Practice includes relaxation techniques through breathing, meditation, and Qigong.

Balance Boxing | Ages 50+
Fitness Boxing has been found to improve coordination, strength, posture, endurance, alertness, and mood! Join us for a fun and safe workout with great benefits.
Questions? Contact Shira Heideman: 410.500.5907 | sheideman@jcc.org

**CSA KARATE | Park Heights**

Register at jcc.org/martialartspgh

**Tots Little Tigers Martial Arts | Ages 3-5**
Students enjoy quality family time learning traditional Martial Arts. Your little Karate Kid will enjoy learning Karate basics, earning belts, and having fun.

**Karate-Beginner/Intermediate | Ages 5-12 (Coed)**
Students learn the basics of Karate: Stances, Punches, Kicks, Drills, and more. Earn belts while getting a great workout and having fun.

**Karate-Beginner/Intermediate | Ages 5-12 (Male-only)**
Students will focus on the basics and fine tune skills with more challenging higher level forms and drills including self-defense techniques and application.

**Karate-Intermediate/Advanced | Ages 7-14 (Male-only)**
Advanced students will be challenged with exciting new drills, forms, and be introduced to weapons of the Martial Arts. They will improve stamina and strength with physical conditioning and practice techniques with partners in a safe environment.

**Sparring Class | Ages 7-13 (Male-only)**
Put your Martial Arts skills to the test in a controlled and safe environment with sparring drills, techniques, and practice. Students will “gear” up, get a great workout, and have fun.

**Self Defense, Karate and MMA | Ages 9-13 (Male-only)**
Improve awareness and become more confident with practice of new techniques and skills. Students will also have the opportunity to advance through the belt system.

**Kickboxing and Self Defense | Ages 11-16 (Female-only)**
Tween girls will have fun jumping rope, boxing, kicking, improving core strength, and coordination with ACE-certified personal trainer and Black Belt Instructor, Jennifer Lake. This class will also incorporate Self Defense techniques and more.

**Aikido | Ages 16+ (Male only)**
This new class focuses on a traditional, non-violent Japanese Martial Art based on redirection of energy and Budo philosophy.
REGISTRATION FOR CAMPS AIRY & LOUISE OPENS SEPTEMBER 15

Do Not Miss Out!

Summertime, when freedom sings louder than stress. Freedom to run. To explore. To unwind. To learn and grow into the person you dream of becoming. At Camps Airy & Louise we’ve spent the past 90+ summers creating an overnight camping experience that is welcoming to a diverse community of Jewish campers. One that includes a mix of traditional and extreme sports, art, activities and life skills. One where every kid will be challenged to grow while still enjoying the moment. And one that every child wants to be a part of. Spots will fill up fast — parents, don’t miss your chance to help your child find their inner awesome.

Limited Time Offer. Visit airyloisue.org to register now.
Questions? Contact Adam Stein:
410.559.3538  |  astein@jcc.org

Lunch N’ Munchkin Tennis | Ages 3-5
Your child will eat lunch then learn the basic strokes and play tennis skill games in a fun, nurturing environment. Advanced options available.

Munchkin Tennis | Ages 3-5
Introduction to hitting with proper swings using the QuickStart* Program with fun games and special equipment.

Pee Wee Tennis | Age 5-7
This can be a beginning point or the next step for students who have been part of the program as a Munchkin.

Junior Tennis | Ages 8-10
Perfect your baseline stroke and play competitive games to enhance match skills.

Preteen Tennis | Ages 10-12
Beginner to low intermediate level class that emphasizes stroke development and game play.

Advanced Preteen/Teen Tennis | Ages 10-18
This class emphasizes strategy and competitive skills.

Cardio Tennis | Ages 16+
This is a fast- paced fun way to work on your tennis skills and get a great workout at the same time. When the weather no longer permits outside play, class will move into the building for one hour of fitness.

Tennis Conditioning | Ages 18+
This class will improve your movement on the court and your athletic performance in general by tightening and toning your core and legs. Tennis coach and certified trainer, Adam Stein, will challenge you to your fullest potential, using fast paced tennis drills, medicine balls, resistance bands, plyometrics, speed and agility drills weights, bosu balls, etc.

Adult Drills Clinic | Ages 18+
Want to have fun hitting lots of balls but also learn how to increase your skills? This class will do that and also provide personal tips.

Register at jcc.org/tennis
Questions? In Owings Mills, contact Wendell Lee:
410.500.5994  |  wlee@jcc.org

In Park Heights, contact Shira Heideman:
410.500.5907  |  sheideman@jcc.org

Soccer Shots | Ages 3-7 (Park Heights Only)
This high-energy program introduces children to fundamental soccer techniques, such as using your feet, dribbling and the basic rules of the game through fun games, songs and positive reinforcement. For Soccer Shots | Ages 2-4 in Owings Mills, see page 22.

Preschool Sports and Activities Clinic | Ages 3-5
Participants will play a variety of physical activities to work on coordination, fitness, and movement. Games or challenges each week that will allow participants to learn new skills while enhancing previously introduced skills.

Preschool Basketball Clinic (Winter) | Ages 3-5
Participants will learn the basic rules of basketball with drills and playing games. Emphasis will be placed on developmentally appropriate activities and challenges. Each week will be a highly active and fun class experience.

Preschool T-Ball Clinic (Spring) | Ages 3-5
Participants will learn fundamentals to baseball in a fun and engaging atmosphere. Emphasis will be placed on developmentally appropriate activities and challenges. Each week will be a highly active and fun class experience.

Preschool Soccer Clinic (Fall) | Ages 3-5
Participants will learn the basics of soccer including kicking, trapping, and dribbling. Emphasis will be placed on developmentally appropriate activities and challenges. Each week will be a highly active and fun class experience.
**SPORTS & LEAGUES**

**YOUTH CLINICS/LEAGUES**

All Youth Clinics and Leagues are held on Sunday afternoons, with optional weekday practices for older ages.

**Youth Pee Wee Basketball Coed Clinic (Winter) | Age 4**

Have fun learning the basic rules of basketball with drills and playing games.

**Youth Basketball Coed Clinic (Fall & Spring) | Ages 5-8**

This clinic is provided to maintain and improve players skills in preparation for next season’s Youth league. Players will review basic skills as well as learn new age appropriate skills and concepts through fun, small-sided games and challenges.

**Youth Basketball Coed League (Winter) | Ages 5-10**

Younger participants will learn the basic rules of basketball through drills and fun challenges. Older players will work on skill enhancement. For the younger players small-sided games and activities will lead up to actual game type scrimmages. Older players will have weekly games and practices.

**Youth T-Ball/Baseball Coed Clinic (Spring) | Age 4**

Participants will learn fundamentals to baseball in a fun and engaging atmosphere.

**Youth T-Ball/Baseball Coed Clinic/Leagues (Spring) | Ages 5-8**

Younger participants will learn the basic rules of baseball with drills and challenges. Older players will work on skill enhancement. Practices focus on batting, fielding, and base running fundamentals. Players will be kept active at a variety of skill based stations.

**Youth Soccer Coed Clinic (Fall & Spring) | Ages 4-7**

Younger participants will learn the basic rules of soccer with drills. Older players will work on skill enhancement. Both will play games, working their way towards a scrimmage near the end of the season.

**Youth Soccer Coed League (Fall) | Ages 8-10**

Teams will have a short warm-up period before playing games. Mandatory evaluations early September.

**Middle School Coed Basketball League (Winter) | Grades 6-8**

Don’t miss out on this popular teen league. Games held Sunday afternoons and on either Wednesday or Thursday evenings. Mandatory evaluations in February.

**High School Basketball League (Fall) | Grades 9-12**

Gather your favorite court buddies together for a season of competitive basketball at the J. Register your 8-10 member team for a season of Sunday afternoon games with optional Monday evening practice.

**Softball League Men (Spring) | Ages 25+**

Come out for some softball with old friends and meet new ones. Open to JCC and Synagogue Members and Guests.

For questions about sports clinics and leagues, please contact Wendell Lee: wlee@jcc.org | 410.500.5994

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**Pickup Sports Schedule**

Basketball isn’t the only pick-up game you can play at the J. We hold space in our gyms and courts for our members to enjoy cardio- filled competition and camaraderie with friends, new and old.

**Owings Mills J**

- Table Tennis: Tue/Thurs: 7:00–9:00pm
  (Located in the teen lounge.)

- Pickleball: Mon/Wed/Fri: 8:30–11:00am
  Members play Pickleball for free. Guests: $50/season

**Park Heights J**

- Table Tennis: Mon/Wed: 6:00–9:00pm
- Volleyball: Sunday: 10:00am–12:00pm
  Tuesday: 7:00–9:00pm
- Racquetball: Reserve your court at 410.542.4900

For Open Play times in our gyms, visit:

[jcc.org/gymnasium](http://jcc.org/gymnasium)

Contact Rebecca Chinsky: 410.559.3542 | rchinsky@jcc.org

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We're Here for Your Family!

There are so many opportunities for youngsters, even just months old, to grow and thrive through our many J programs. In addition to weekly classes we also offer many drop in activities that are free along with several inexpensive family events that do require pre-registration.

Drop in Play and Programs

Downtown Baltimore JCC
1118 Light Street, Baltimore

Located in the heart of Federal Hill, DBJCC offers a colorful and welcoming indoor play space. Your child will love exploring our playrooms, which feature age appropriate sensory and dramatic-play experiences, clean toys and lots of space for your little one to move around. Try our Baby & Me classes, workshops, special holiday programs and neighborhood events. Or, rent our facility for your child's birthday party.

Monday-Friday: 9:30am-12:30pm
Additional Afternoon Hours, Tues and Thurs: 3:00-6:00pm
Select Sundays: 9:30am-12:30pm
Contact Ellie Brown: 410.559.3618 | ehbrown@jcc.org | dbjcc.org

J Town - Home of PJ Library
Weinberg Park Heights JCC

J Town is an innovative play space ideal for families with young children. Open Sunday-Friday, for specific hours and guest fees visit jcc.org/jtown.

Early Childhood Play Room
Rosenbloom Owings Mills JCC

Spend quality time with your youngsters and other parents in a pleasant, stress-free, environment. This safe and clean indoor play space is filled with age-appropriate toys for the under-five crowd. The Parenting Center is open Sunday-Friday during normal business hours. Guests can use this play room for $30 for 3 months. This pass is free to guests while they are enrolled in one of our Baby and Me class.

J Play/Babysitting

Ages 3 months to 5 years
You can have peace-of-mind when you work out at the J knowing that your children will be safe, nurtured and entertained in our fully-equipped babysitting rooms. We offer these services for up to two hours per visit at a very reasonable rate.
Visit jcc.org/babysitting.

$5 per child per session; Save $20 when you buy 20 sessions!
$80 per child for 20 sessions

Reservation Hotline (please call 24 hours in advance)
$5 per child per session. Save $20 when you buy 20 sessions!
$80 per child for 20 sessions

Rosenbloom Owings Mills JCC | Reservations: 410.559.3543
Monday-Friday: 9:00am-12:00pm
Sunday: 3:00-12:00pm

Weinberg Park Heights JCC | Reservations: 410.500.5934
Sunday-Friday: 8:30am-12:30pm

Hands on Holidays
Select Sundays | 10:00am
The Ivy Bookshop, 6080 Falls Road, Baltimore
First Tuesday of the month | 10:30am
Enoch Pratt Free Library, 5108 Roland Avenue, Baltimore

For Questions or to RSVP to these free events visit: jcc.org/babyandme or 410.559.3524 | parenting@jcc.org

Birthday Parties at the J

Ages 1-10
Imagine a birthday party for your child that can include arts and crafts, free play, sports, swimming, martial arts and more! All you have to do is show up! At the J, you can hire one of our experienced facilitators who will run your party with age-appropriate activities. Visit jcc.org/birthdayparties.

OWINGS MILLS
Ages 1-3, contact Linda Lapidus: 410.559.3524 | parenting@jcc.org
Ages 4+, contact Jennifer Lake: 410.559.3553 | jen@csakarate.com
Ages 3-10, contact Rebecca Chinsky: 410.559.3542 | rchinsky@jcc.org

PARK HEIGHTS
Ages 1-10, contact Shira Heideman: 410.500.5907 | sheideman@jcc.org

DBJCC
Contact Ellie Brown: 410.559.3618 | dbjcc@jcc.org

Community Resources

Kveller Baltimore

Kveller.com is a website for those who want to add a Jewish twist to their parenting and find out all the great family activities happening in Baltimore plus find interesting blogs and valuable community resources.

Shalom Baby: Childbirth with a Jewish Twist
This four-week class for expectant parents combines childbirth preparations with information about related Jewish traditions. Once your little one arrives you can join your fellow participants in our Hello Baby class.
Learn more at cjebaltimore.org/shalom-baby or contact 410.735.5013 | gburger@cjebaltimore.org

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Hello Baby | Birth-4 months
A four-week introductory class for new parents with their newborns. Free for members.

Infant Massage | Up to crawling
Learn the joys of infant massage as you strengthen your bond with your newborn in this meaningful class.

Challah Tots | Birth-3 years
Bring your little ones the first Friday of the month for a program full of Shabbat spirit, songs, candle lighting, Kiddush, a simple craft and challah snack.

Music Together: It’s Groovy Baby | Up to 5 years
Music Together is the pioneer in developmental, research-based early childhood music education. Parents, caregivers and children enjoy songs, rhythmic rhymes, movement, and instrument play. Led by popular instructor Bettina Leu.

Baby Fun with Miss Cindy | Ages 4-10 months
Have fun with your baby as you participate in developmentally appropriate activities designed to stimulate and enhance his/her gross motor development: creative movement, parachute activities, climbing equipment and more.

Stay & Play | Ages 6-36 months
Join this informal gathering for songs, crafts, and other fun activities.

Preschool Prep | 20-36 months
This special new ‘parent and me’ class is designed to help your child transition from ‘toddler to preschooler’. Activities include circle time, gym time, story time and playtime and visits to the preschool playgrounds and library.

Soccer Shots | Ages 2-4
Have fun with Mom or Dad and learn soccer skills in a high-energy program designed to introduce children to using their feet, dribbling and having fun.
Questions? Contact Ellie Brown:
410.559.3618  |  ebrown@jcc.org

Hello Baby/Infant Massage | Birth-5 months
Meet other new parents, participate in discussions, and enjoy music and sensory stimulation activities with your newborn.

Renaissance Kids | Birth-5 years
Introduce your kids to classical music and art. We will explore age-appropriate instruments and the violin, followed by a different craft every week.

Great Beginnings | Birth-5 months
Participate in informal discussions, receive literature, learn about resources, and enjoy music, sensory and tactile stimulation activities for your baby.

Baby Groove | 5-12 months
Have fun with your baby as you participate in developmentally appropriate activities designed to stimulate and enhance muscle building (gross motor development).

Movers and Shakers | 12-18 months
Explore a new theme each week through songs and instrument play, puppets, movement activities, and parachute fun with your little mover and shaker.

Munchkins in Motion | 18-24 months
Each week will focus on a different theme through stories, puppets, songs and a simple art project.

Young at Art | Ages 2-4
Each class will feature a variety of fun art materials and techniques to explore, plus opportunities for imaginative and sensory play.

Creative Movement | Ages 3-5
Introduce kids to creative expression and motor skill development through basic movement/dance techniques and yoga.

Sunday Funday
Gather around the circle for songs, crafts, stories and more.
Baltimore Hebrew Congregation is a vibrant, diverse and active community and congregation, and we are excited to announce that we have restructured our dues for you. BHC is the only Reform synagogue in Baltimore to offer voluntary dues for first-year members of any age and for congregants under the age of 30. **INFO:** Jo Ann Windman, jwindman@baltimorehebrew.org, 410-764-1587 ext. 223, or baltimorehebrew.org/dues.

7401 Park Heights Avenue, Baltimore, MD 21208 | P: 410-764-1587 | F: 410-764-7948 | baltimorehebrew.org

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**BHC’S SCHOOLS**

**WELCOME YOUR ARRIVAL**

**E.B. HIRSH EARLY CHILDHOOD CENTER**
The E.B. Hirsh Early Childhood Center promotes educational excellence for young children, utilizing a sensory-rich, warm, contemporary Jewish atmosphere that nurtures children in their developing years.

**Info & Registration:**
Jill Eisen, Director
jeisen@baltimorehebrew.org or 410-764-7281

**YOUTH EDUCATION**
The BHC Youth Education Program has a variety of entry points to engage families in Jewish life and learning. Our Sunday programs, alternative options, youth groups, camps and social action create a strong foundation for living a Jewish life.

**Info & Registration:**
Brad Cohen, Director of Education
bcchen@baltimorehebrew.org, 410-764-1587 ext. 290 or visit http://tinyurl.com/BHCYOUTHEDUCATION

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**GREAT NEWS**

**for membership dues**

**Baltimore Hebrew Congregation** invites you to

**ROSH HASHANAH**

**Under the Stars**

**WEDNESDAY, SEPTEMBER 20**

Oregon Ridge Park
4 PM park opens,
6 PM service

RHUNDERTHESTARS.COM

All are welcome!
Park gave me confidence. We were taken seriously and provided with the space to explore our own ideas.
— Rachel Brown, Park School Class of 2006

Founder and CEO, Sissi N. Amani — International; Executive Director — Over Zero; Former Genocide Prevention Fellow at The Simon-Skjodt Center, U.S. Holocaust Memorial Museum

I am an athlete. I am an artist. I am a musician. I am a thinker. I am caring.
— Gabriel, Park School Class of 2024

The more you ask questions, the smarter you get.
— Noah, Park School Class of 2029

I can make change happen.
— Rachel, Park School Class of 2019

The Park School of Baltimore is independent, coeducational, non-sectarian. Pre-K through 12, and progressive. parkschool.net

At DoubleTree by Hilton™, we know your wedding is the most important day of your life. So whether you’re dreaming of an intimate gathering or a huge celebration, we’re committed to getting every detail just right.

Let us make your dream wedding an affordable reality. Visit our 11,800-square-feet of flexible banquet space today!

DoubleTree by Hilton. Where the little things mean everything.

DoubleTree by Hilton
Baltimore North - Pikesville
1726 Reisterstown Road, Pikesville, MD 21208 T (410) 653-1100 F (410) 415-6232
**KID'S CENTER**  
**AFTER SCHOOL PROGRAMS**

*Your child's day doesn't end when school gets out.*

Kids Center at the J provides a safe, nurturing place where kids continue to learn and grow after the school day ends. Our high-quality program is designed to enhance your child’s social, emotional, cognitive, and physical development while also promoting character-building and teamwork. Kids Center offers you the assurance that your child is getting the best possible care at a reasonable fee.

**Kids Center Hours**
Monday-Thursday: School Dismissal - 6:30pm | Friday: School Dismissal - 6:00pm (or JCC closing time) *Flexible hours available

Transportation Included! We currently offer school bus service from the following elementary schools: Reisterstown, Glyndon, Timbergrove, Cedarmere, Franklin, Chatsworth, Fort Garrison, Woodholme, Lyons Mill, Owings Mills, PLUS, for a nominal fee, we offer transportation to Beth Israelon Tuesday for Hebrew School

Contact Laura Green Kendal: 410.559.3608  |  lkendal@jcc.org  |  jcc.org/kidscenter

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**J CLUB | GRADeS 1-6**

*Thursdays, 4:30-5:30pm | Rosenbloom Owings Mills JCC | Guests: $60 per session – JCC Members: $55 per session*

Are your kids already missing their favorite camps from this summer? Each session of J Club will highlight a different camp program area. We will be bringing some of your favorite specialists in to run activities. Our programs will include, Wildlife Adventures, Lego, Abrakadoodle, STEM, and more!  

Contact Laura Green Kendal: 410.559.3608  |  lkendal@jcc.org  |  jcc.org/jclub

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**KIDS TAKE OVER NIGHTS | AGES 5-11**

*Saturdays | Rosenbloom Owings Mills JCC | Guest: $25 – Member: $18*

Parents, treat yourself to a Saturday night out and give your kids a special treat at the same time. This year we will not only have movie nights, but will also invite special guests to come and join us to put on a great show for the kids! Special themed snacks are included or children can also purchase healthy snacks and drinks for $1-$2 each.

Contact Laura Green Kendal: 410.559.3608  |  lkendal@jcc.org  |  jcc.org/kidstakeover

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**SCHOOL'S OUT**

School's Out provides elementary school-age kids an opportunity to get the most out of school closings and vacations in a structured, safe, and fun atmosphere. Bring your child to the J when school is out and he/she will have an incredible time playing indoor and outdoor sports, cooking, aerobics, fitness activities, and dance, all while meeting new friends.

**Owings Mills | Grades K-5**

*9:00am-4:00pm | Guest: $50 – Member: $35  
*Half Day Schools Out is from 12:30-4:00pm.  
Guests: $40 – Members: $25  
Early Drop off: 7:30-9:00am for an additional $5 per child.  
Late Stay: 4:00-6:30pm for an additional $7 per child.  
Inclusion Participants are an additional cost of $35 for full days and $20 during half days.

Contact Laura Green Kendal: 410.559.3608  |  lkendal@jcc.org

**Park Heights | Boys 4-9, Girls 4-11**

*9:00am-3:30pm, Fridays til 2:00pm | Guest: $38 – Member: $28  
Early Drop off: 8:00-9:00am for an additional (G: $10 | M: $8) per child.  
Late Stay: 3:30-5:30pm for an additional (G: $10 | M: $8) per child. There is no late stay on Fridays.  
Hot lunch available on Fridays for $5 per child.

Contact Shira Heideman: 410.500.5907  |  sheideman@jcc.org
TNT for a Day | Grades 6-8
9:00am-4:00pm | Guest: $25 – Member: $18
Interested in TNT for the summer or enjoyed it in the past? Earn community service hours during school holidays by spending the morning working in our preschools ad then enjoy group activities and sports with your TNT friends in the afternoon.
Questions? Contact Jeff Snyder:
410.500.5453 | jsnyder@jcc.org

J DANCE
Grades 6-8
Saturday, 8:00-11:00pm | Rosenbloom Owings Mills JCC
Guests: $20 – Members: $14
Bring your friends for a fun-filled night of dancing and great music. enjoy our popular half-court shot contest, as well as a variety of community service projects. Snacks available for $1-2.
Significant security and Teen Staff supervision provided. Proper ID required. If weather is questionable, please call 410.559.3547. For details, visit jcc.org/middleschool.
2017 Dates: 9/9, 10/7, 11/4, 12/9
2018 Dates: 1/20, 2/10, 2/24, 3/10, 4/14, 5/14, 6/9
Questions? Contact Jeff Snyder:
410.500.5453 | jsnyder@jcc.org

BBYO | Grades 9-12
Join BBYO Baltimore Council
In BBYO, teens build a great peer network with fellow Jewish teens that are smart, independent, and see themselves as capable of changing the world. As members of BBYO’s renowned leadership program, teens work together to set the agenda, plan and lead programs, and establish strong and lasting bonds with Jewish friends.
410.559.3549 | brichman@bbyo.org
bbyo.org/membership

Teen Art Experiences | Grades 9-12
Select Weeknights
Rosenbloom Jewish Community Center
3506 Gwynnbrook Avenue Owings Mills, MD 21117
Join 4Front and JCC Maccabi ArtsFest and Teen Arts Director Ali Fischer for an interactive arts experience led by professionals.
Questions? Contact Contact Melissa Seltzer:
410.559.3593 | mseltzer@jcc.org

HAVE YOUR BIG DAY AT THE J
For your not so traditional Bar/Bat Mitzvah party
Why not celebrate your child’s Bar/Bat Mitzvah at the Owings Mills JCC? Up to 150 of your guests can enjoy our pool, gym, and party space for one amazing price!
Make your reservation today!
Questions? Contact David Mitnick:
410.500.5915 | dmitnick@jcc.org
jcc.org/mitzvah

For American Red Cross Babysitting, Lifeguard and CPR Training, please see page 13. Teen Music and Arts can be found on pages 30-31. Teen Fitness can be found on pages 8-9.
SPARK
THE FUTURE

Housed in Owings Mills JCC, 4Front is the Baltimore Jewish community's comprehensive teen initiative. Based on four pillars, Advocate, Innovate, Educate, and Collaborate, 4Front serves as a gathering place and open channel for Baltimore's Jewish teens and the adults who care about them. Here, teens are encouraged to explore their Judaism in ways that are meaningful to them.

EXPLORE OUR TEEN AND ADULT PROGRAMS AT
www.4frontbaltimore.org
Jr. & Mini Maccabi Games
Ages 9-12 as of May 1, 2018
Sunday, May 6, 2018
JCC of Greater Baltimore
Boys and Girls Basketball
Boys and Girls Soccer
Baseball
Coed Swimming
Coed Tennis
Coed Table Tennis
Calling all Jewish athletes between the ages of 9-12 to participate in one exciting day of Olympic-style competition.

JCC Maccabi Games
Ages 13-16, as of August 1, 2018
August 5 - 10 | Orange County (Irvine), CA
Tryouts will be held in October/November 2017 & March 2018
Boys and Girls Basketball
Boys and Girls Soccer
Tennis
Boys and Girls Lacrosse
Baseball
Golf
Table Tennis
Swimming
Girls Volleyball
Track and Field
Ice Hockey
Meet other Jewish athletes and artists from around the world and get ready for an exciting week of competing, creating, socializing and bonding.
Don’t miss out on this memory making experience.

JCC Maccabi ArtsFest
Ages 13-17 as of August 1, 2018
August 5 - 10 | Long Beach, CA and Orange County (Irvine), CA
Auditions ongoing
Acting/Improv • Culinary • Dance • Musical Theater • Rock Band • Star Reporters • Visual Arts • Vocal Music/Glee
Be a part of something big and meet creative peers from around the world in this transformational one week summer arts experience for Jewish teens. Held in different cities each year, the JCC Maccabi ArtsFest includes workshops with artists in residence, performances, exhibits, community service, and social activities. The entire week is woven with Jewish values and connections to Israel.

For all Maccabi programs, contact Rebecca Chinsky:
rchinsky@jcc.org | 410.559.3542
Register at jcc.org/performingarts

THEATER | Owings Mills
To register, contact Marilyn Zvili:
410.559.3510  |  mzvili@jcc.org

Questions? Contact:
Melissa Seltzer  |  410.559.3593  |  mseltzer@jcc.org

Children’s Theater Production Company | Grades 1-8
Children feel the thrill of performing as they develop character and technique in a community enriched by values and led by professionals.
Register Online: jcc.org/childrenstheater

DANCE | Owings Mills
Register Online: jcc.org/dance

Towson University Community Dance
Ages 3-13 and Adults
Accredited by the National Association of Schools of Dance, the TUCD program promotes – for children an appreciation of the aesthetics of dance as an art form.

Developmental Dance | Age 3
Students will examine, interpret and demonstrate fine and gross motor skills through the five dance elements: Body, Space, Time, Energy and Force.

Creative Movement | Age 4
Developing a deeper comprehension and application of the five Dance Elements, students achieve their creative voice while beginning to articulate the foundational movements of dance technique.

Dance Fundamentals | Age 5
Dance Fundamentals focuses on teaching students the basic structure of a dance class, movement sequencing, proper placement and position of feet and arms.

Ballet Fundamentals | Ages 6-8
Ballet I | Ages 9-11 and 11-13
Students will follow the oldest codified technique to date, focusing primarily on developing a strong technical foundation, while emphasizing proper alignment, strength, and musicality.

Jazz Fundamentals | Ages 6-8
Jazz I | Ages 8-10
Classes will focus on strong Jazz technique, terminology and movement quality with an emphasis on proper execution of Jazz isolations, syncopated rhythms and stylistic approach in execution of movement.

Hip Hop Fundamentals | Ages 6-8
Hip Hop I Ages 9-11
Dancers will learn the fundamentals of hip hop vocabulary and movement. This high energy class will incorporate stretching, isolations, self-expression, and Hip Hop combinations.

Tap Fundamentals | Ages 6-8
Adult Beginner Tap | Ages 18+
A truly American dance form, Tap dance is a combination of Irish Step Dancing and African dance. You will be introduced to basic tap dance technique, while developing rhythmic skills and musicality.

Adult Beginner Ballet | Ages 18+
Students will follow the oldest codified technique to date, focusing primarily on developing a strong technical foundation, while emphasizing proper alignment, strength, and musicality.
Happy Glaze | Ages 3+  
Weinberg Park Heights JCC  
Looking for a creative indoor activity to do with friends or children? Drop in to Happy Glaze, our popular paint-your-own ceramics studio.  

Studio Fees:  
Guests: $7  |  Members: $5; Pre-made ceramic pieces: $5-$15  

Studio Hours:  
Sundays: 12:00-4:00pm  
Painters are welcome to arrive up to 30 minutes prior to closing.  
Private parties available for groups of 10+ painters.  

Contact Shira Heideman:  
410.500.5907  |  sheideman@jcc.org

MUSIC  
Register Online: jcc.org/music  
To register, contact Marilyn Zvili:  
410.559.3510  |  mzvili@jcc.org  
Questions? Contact Melissa Seltzer:  
410.559.3593  |  mseltzer@jcc.org

Guitar Lessons | Ages 8+ (Owings Mills)  
Participants learn how to play their favorite songs, even playing solos and jams with fellow students. Matthew has over 10 years of teaching experience and has performed on stage with Santana, KISS, Aerosmith, and more. First lesson is free.

Voice Lessons | Grades 1-8 (Owings Mills)  
Habimah Camp, Voice Coach, Anna Caplan helps children develop vocal skills while singing music they love. Students learn to develop technique and ear training. Anna tailors her lessons to each student’s skill level and interests. First lesson free.

Hazamir Baltimore Jewish High School Choir | Grades 8-12 (Park Heights)  
If you are a Jewish teen who loves to sing and is looking for an amazing opportunity to be part of a dynamic international choir that will perform in Lincoln Center in NYC and at the Gordon Center, HaZamir may be for you.  
Questions? Contact HaZamir:  
410.653.1594  |  hazamirbaltimore@gmail.com

DANCE | Park Heights  
For Dance Classes in Park Heights, contact Shira Heideman:  
410.500.5907  |  sheideman@jcc.org

Girls Ballet | Ages 3-6  
Get your children involved in a program that will help build Students will be introduced to the structure of ballet class etiquette, and basic ballet terminology as well as developmentally appropriate exercises that emphasize musicality.

After School Ballet | Ages 2.5-6 (Coed)  
Students will learn ballet and coordination while practicing leaps, jumps, and positions.

Arts & Culture | Visual Arts  
To register, contact Marilyn Zvili:  
410.559.3510  |  mzvili@jcc.org  
Questions? Contact Melissa Seltzer:  
410.559.3593  |  mseltzer@jcc.org

Portrait Drawing | Ages 18+ (Park Heights)  
Work with pastels using a live model. Emphasis is on head construction, light and shadow, and composition. In Partnership with CCBC.

Watercolor with Rod Cook | Ages 18+ (Park Heights)  
We’ll examine a variety of techniques and subjects, focusing on still life and landscapes. In Partnership with CCBC.

Ceramics with Donna Lansman | Ages 18+ (Park Heights)  
Use the wheel! Sculpt figurines, receive individual, hands-on instruction from an accomplished clay artist, or just explore.

Ceramics with Volker | Ages 18+ (Owings Mills)
Exploring Jewish Film Classes
Ages 18+ (Owings Mills)
Do you want to take your appreciation of Jewish and Israeli film to the next level? Join us on three weekday afternoons in the Morstein Performa for movie screenings and discussion with special guest facilitators from area universities.

Questions? Contact Alyson Bonavoglia:
410.559.2375  |  abonavoglia@jcc.org

Current Events Round Table
Ages 18+ (Park Heights)
Discuss American government and politics; explore issues at local, national, and international levels.

Questions? Contact Shira Heideman:
410.500.5907  |  sheideman@jcc.org

Questions? Contact Sara Rubinstein:
410.559.3576  |  srubinstein@jcc.org

OWINGS MILLS
Sunday Funday | Ages 5-13
Participants enjoy weekly afternoons of recreational and social activities including games, arts and crafts, athletics, and swimming. This is a great venue for children to develop appropriate social skills and friendships, enhance coordination, increase self-esteem and create a feeling of acceptance in the community. Intake process required before enrollment.

KLAL for every season | Ages 14-26
KLAL (Keep Living And Learning) is a Sunday full of vocational and life skills activities designed for adults with learning, developmental, social, emotional, and physical disabilities. Participants will develop appropriate social skills and friendships, increased self-esteem, and a feeling of connection with the Jewish community.

PARK HEIGHTS
Social Skills | Ages 18-35
Young adults with developmental disabilities have an opportunity to participate in a social skills curriculum facilitated by a social worker. Sponsored by Yachad, an organization that serves people with disabilities.

Chaverim Club | Ages 18+
Designed for adults with mild to severe delays or other developmental and/or physical disabilities, this weekly social group creates its own schedule of recreational and leisure time activities and programs, including arts and crafts, music, cooking, and holiday celebrations.

Getting Together Club | Ages 18+
Participants enhance their social and life skills, as well as their emotional well-being in this weekly social group that meets at the JCC and in the community. Registration forms required before attending Club activities.

Art with Yachad | Ages 18+
Adults with developmental disabilities can have fun crafting and creating ceramic projects. This program is sponsored by the JCC and Yachad, an organization that serves people with disabilities.
Questions? Contact Lara Nicolson:
410.559.3532  |  lnicolson@jcc.org

Mobile Sukkah at The Charmery | All Ages
Sunday, October 8, 2017
12:00-3:00pm
801 W 36th Street, Hampden
Get a taste of Sukkot with delicious locally-made ice cream from The Charmery. Enjoy a lemony Etrog ice cream cone and shake a lulav with us in our famous Mobile sukkah.
*Event free, but must purchase ice cream. No registration required.*

Shabbat Shabbang Experience | All Ages
Friday, October 27, 2017
5.30-8.30pm
Rosenbloom Owings Mills JCC
We’re going to take over the J as we celebrate Shabbat as part of the international Shabbat Project. Enjoy a special age-appropriate service, followed by a delicious Oneg Shabbat meal and a concert in the Gordon Center. Young families, J Campers, Teens and will each have their own special service and activities.
*Pre-registration required.*

LEGOS, Lights and Latkes | Ages 5+
Thursday, December 14, 2017
6:00-8:00pm
Rosenbloom Owings Mills JCC
Help us make a mega Menorah out of lots and lots of Legos and enjoy Chanukah music, activities and holiday treats.
*Pre-registration required.*

Chanukah @ Foundry Row | Ages 2+
Sunday, December 17
11:00-3:00pm
10100 Reisterstown Rd, Owings Mills, MD
Get creative with us in Wegmans’ dining area and other Foundry Row shops as we enjoy fun Chanukah activities, music, food and crafts. Sponsored by Greenberg Gibbons/Foundry Row.
*Free – no registration required.*

Tu B’shevat in the Arboretum
Sunday, January 28, 2018
Books and Bagels | Infant to age 5
10:00am
Family Seder | Ages 4-10
12:30pm
Rosenbloom Owings Mills JCC
Enter our make-believe arboretum and celebrate the birthday of the trees with a special Tu B’Shevat-themed story time followed by a fruit filled Family Seder.
*Pre-registration required.*

Purim Hamentashen Make and Take | Ages 5+
Thursday, February 22
6:00-8:00pm
Rosenbloom Owings Mills JCC
Bring your kitchen helpers, young and old, for a baking and bonding holiday experience. We only make these yummy tri-corner hat cookies once a year so don’t miss out. We will also be making mishloach manot (gift baskets of food) for those in need. In partnership with Jewish Volunteer Connection and the Center for Jewish Education.
*Pre-registration required.*

Shavuot Palooza in Park Heights
Families with Young Children
Thursday, May 17, 2018
5:00-7:00pm
Weinberg Park Heights JCC
Bring the kids and join us for special holiday block party featuring local vendors, inflatables, games and more.
*Free – no registration required.*

For program fees and details, and to register online, visit: jcc.org/jewishholidays
**Love and Religion:**
*An Interfaith Workshop for Jews and their Partners*

Four, two-hours sessions | $150/couple
Weeknights 7:00-9:00pm
Locations vary.

Are you in a Jewish interfaith relationship? Do you need help navigating the challenges and opportunities of love and religion?

This four-session workshop is for interfaith couples that are seriously dating, engaged, or newly married to examine their hopes and fears about the role that a Jewish identity will play in their life. In a safe environment, concerns and questions will be raised and discussed with similar couples. It is offered in partnership with the JCC and Jewish Community Services (JCS) and led by Beth Land Hecht.

*Created by Marion Usher, an Interfaith couples expert.*

**Introduction to Judaism**

Tuesdays or Thursdays | 6:25-9:15pm | 16 weeks | $360

Offered by the Baltimore Board of Rabbis and the JCC, this class is taught in partnership with the Miller Intro to Judaism Program at American Jewish University. This program is for anyone wishing to learn more and find a home in the Jewish community. It also offers support to those on a journey to conversion. With rabbis teaching from a variety of local Baltimore synagogues, this experiential course introduces the basic principles, theology, literature, and ritual/spiritual practices of Judaism through discussions and exposure to traditional texts, contemporary readings, and real-life Jewish experiences, including a trip to local synagogues and a Shabbat experience.

This program will also provide participants with supportive discussion groups, a community of peers and opportunities to explore Judaism beyond the classroom.

**Basics of Judaism**

The Baltimore Board of Rabbis and the JCC will be offering a new three-session course examining Judaism’s three central pillars: God, Israel, and Torah. This course is adapted from the Miller Introduction to Judaism Program from the American Jewish University and taught by Rabbi Marc Blatt. In these seminar style classes, you will examine not only what the traditional sources say on these core areas of belief, but also what contemporary thinkers offer, as well as have the opportunity to articulate and craft your own understandings on these topics.

This course is an excellent entry point for those interested in learning a little deeper about Judaism or joining the Introduction to Judaism class in future.

**Interfaith Grandparents Program**

For parents whose children are in a mixed faith marriage

This three-session series will help Jewish parents and grandparents learn how to:

- Approach and communicate sensitive issues regarding religion with your adult children
- Share your family’s Jewish traditions and values in a welcoming and supportive way
- Cultivate the Jewish identities of your grandchildren while respecting the religious traditions of their parents

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The JCC in partnership with the Associated and the Baltimore Board of Rabbis has launched InterfaithBaltimore.org a website with resources, programs and information for all Interfaith couples and families.
Foundations of Jewish Family Living:
For parents raising young Jewish children
Acquire the knowledge and develop the skills to be the teacher in your own home and make PJ library books jump off the page with this dynamic curriculum from the amazing minds at the Florence Melton School of Adult Jewish Learning in collaboration with PJ Library and Shalom Sesame!
Babysitting stipends available upon request. Light refreshments will be served.
Questions? Contact Adam Kruger: 410.735.5027 | akruger@cjeb.org

Mother’s Circle Mini Course
Are you a mother raising Jewish children... but you’re not Jewish? Don’t do it alone!
This free three week course is designed to support women of other religious backgrounds who are raising Jewish children. You will learn about Jewish rituals, ethics and how to create a Jewish home. Offered in partnership with Jewish Community Services. Sessions formed on request. Call for details.

Got Shabbat
Experience an enriching family-friendly Shabbat celebration at different synagogues around town. The evening includes Tot Shabbat, a catered dinner and activities for young children. Enjoy the opportunity to meet and connect with other families and the Jewish community. Families new to the area, interfaith families, and families new to Shabbat observance are all welcome and encouraged to join in the fun!
For upcoming dates and locations, visit jcc.org/gotshabbat
Experience the KRIEGER SCHECHTER Difference

Attend an Admissions Event:

OPEN HOUSE
11/29 at 7pm

DROP-IN DAYS
10/24, 11/14, 12/13, 1/9 at 9am

Baltimore’s only dual-language, co-ed, K–8, independent Jewish day school

Contact Nissa Weinberg, Director of Admission
nweinberg@ksds.edu | 410-824-2066

KRIEGER SCHECHTER DAY SCHOOL
8100 Stevenson Road | Baltimore, MD 21208 | ksds.edu

What’s Your Child’s Passion?

Find it at Beth Tfiloh

Learn more at an Open House
BETHTFILOH.COM/OPENHOUSE

Beth Tfiloh is Baltimore’s only co-ed PreSchool through Grade 12 college preparatory Jewish day school

Bank of America applauds
The Gordon Center for bringing the arts to all

When members of the community support the arts, they help inspire and enrich everyone. Artistic diversity can be a powerful force for unity, creating shared experiences and a desire for excellence.

Bank of America recognizes The Gordon Center for its success in bringing the arts to performers and audiences throughout our community.

Visit us at bankofamerica.com/baltimore

Life’s better when we’re connected®
The heartbeat of the Greater Baltimore Jewish Community.

Both in print and online.

jewshtimes.com
HOLIDAY BUILDING HOURS
SEPTEMBER 2017-AUGUST 2018

LABOR DAY
September 4: 8:00am-5:00pm

ROSH HASHANAH
September 20: Closing at 3:30pm
September 21 & 22: Closed

YOM KIPPUR
September 29: Closing at 3:30pm
September 30: Closed

SUkkot
October 4: Closing at 5:00pm
October 5 & 6: Closed

SHIMINI ATzeret & SIMCHAT TOrah
October 11: Closing at 5:00pm
October 12 & 13: Closed

THANKSGIVING
November 23: Closed

CHRISTMAS EVE & DAY
December 24: 7:00am-7:00pm
December 25: 8:00am-5:00pm

NEW YEAR’S EVE & DAY
December 31: 7:00am-5:00pm
January 1: 8:00am-5:00pm

PASSOVER
March 30: Closing at 3:30pm
March 31: Closed
April 1: Closed
April 5: Closing at 5:00pm
April 6-7: Closed

SHAVUOT
May 19: Closing at 5:00pm
May 20 & 21: Closed

MEMORIAL DAY
May 28: 8:00am-6:00pm

FOR REGULAR BUILDING HOURS, SEE PAGE 1.