

**JOIN
LIFEBRIDGE HEALTH
TELE-LEARNING PROGRAM
FEATURING
IT'S ALL ABOUT DIABETES
EVERY WEDNESDAY**

WITH

Pam Xenakis: Certified Diabetes Care & Education Specialist

Nurse Amy Bocala: Diabetes Medical Home Extender Program

2:00 to 3:00 pm

CALL:

1-646-741-5292

Access Code: 111 1059 1175

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|---------------|--|
| May 5 | My Journey with Diabetes (real stories) |
| May 12 | Types of Diabetes |
| May 19 | Effects of Alcohol & Diabetes |
| May 26 | Summer Skin Care Tips |

**Contact Our Nurses every Wednesday with questions
8:30 AM – 10:00 AM**

Nurse Terrie: 410-618-7443 or Sister Seton: 410-259-8083

**Call Marsha with Comments or Suggestions for topics at:
443-618-8781**

 **LIFEBRIDGE HEALTH®**

CARE BRAVELY