Winter is a great time to take swim lessons!

The J Swim School has you covered with multiple American Red Cross Swim Lessons year round:

- Evenings during the week
- Mornings on weekends
- From a child’s first independent swim class to classes for teens and adults
- Save 20% on your very first set of lessons
- Register for classes at jcc.org/swimlessons
- Questions? Call the JCC Aquatics Hotline at 410.559.3530 or email us at swimlessons@jcc.org.

Aquatics Staff Profile

Meet Meghan Risper

Meghan has been a part of the J Aquatics Team since 2013. She is one of our most versatile team members with certifications as a Water Safety Instructor, Lifeguard and Pool Operator. She is also one of our Swim Team coaches! Next time you see Meghan at the indoor pool stop by and introduce yourself.

Winter Pool Schedule… Take Note

JANUARY

Lap swimming will be a bit more crowded through late February as we increase our class schedule. Below are times when we have the most lap and general swim lanes available. Lap swimming is permitted in general swim lanes but please be considerate of other members who want to use this area for other purposes.

Find 4 lanes available for lap swim:
5:00-9:00am: Tues/Thurs/Sat
7:00-9:00am: Mon/Wed
8:00-9:00am: Sun

Find 2 lanes for lap swimming, 2 for general swim:
9:00-9:30am: Mon/Wed/Fri
11:15am-4:30pm: Tues, Thurs
12:00-5:30pm: Sat
1:00-6:30pm: Sun
8:00-9:00pm: Mon/Tue/Wed/Thurs

FEBRUARY

Our preschool Swim program returns beginning February 4 - March 26, 2020
9:15-11:00 am – Tue/Wed/Thurs

Please note we will be down to 2 lap lanes during this time and the family changing rooms will be busy during these times.

FAQs

Where can I swim when Water Aerobics classes are in session?

If the two lap lanes have more than two people in them or if you just want to use the deep water end of the general swim lane for exercise please consult with the lifeguard on duty about what would work best.

Good luck swimming and don’t forget to participate in our Aquatics challenges and earn J prizes! See you in the pool!