



THE JCC MACCABI® EXPERIENCE

2009 JCC Maccabi Games®

Tryouts in February and March

Team Baltimore is proud to be sending a delegation to the 2009 JCC Maccabi Games! The Games will be held in three host cities: San Francisco, California, San Antonio, Texas and Mid Westchester, New York and our delegation will send the following teams to each location:

San Francisco (August 2-7)

13/14 Girls Basketball
Coed Bowling
13/14 Boys Soccer
13/16 Girls Soccer
Coed Track and Field
Girls Volleyball

San Antonio (August 9-14)

15/16 Boys Basketball
15/16 Girls Basketball
Girls Dance
Coed Golf
15/16 Boys Soccer
13/16 Girls Soccer
Girls Softball
Coed Swimming
Coed Tennis

Mid Westchester, NY (August 16-21)

13/14 Boys Baseball
15/16 Boys Baseball
13/14 Boys Basketball
Inline Hockey
Coed Table Tennis

Check our website for up-to-date tryout information:
www.jcc.org/maccabi.

Questions? Contact Paul Lurie:
410.356.5200, x365 or plurie@jcc.org.

Junior Maccabi Games

Jewish Youth, ages 10-12

Sunday, May 17

Harrisburg, PA

The Junior Maccabi Club is a great chance for pre-teens to get a taste of the same competition and spirit that teens enjoy in the summer JCC Maccabi Games®. This all-day event features regional competition in sports like boys baseball, boys basketball, girls basketball, boys soccer, girls soccer, swimming, & tennis.

Interested in joining? For details, contact Paul Lurie:
410-356-5200 x365 or plurie@jcc.org or
visit www.jcc.org/juniormaccabi

2009 JCC Maccabi Artsfest®

Jewish Youth entering grades 8-12

Is creativity your thing? This summer, our JCC will once again send a delegation to participate in the JCC Maccabi Artsfest! This week-long artistic experience incorporates social activities and Judaic themes into a dynamic combination of workshop, performance, and exhibition. More information on disciplines, auditions, dates and location will be available soon!

For more information, contact Paul Lurie:
410.356.5200, x365, plurie@jcc.org or Melanie Waxman:
410.356.5200, x386, mwaxman@jcc.org.

Middle School Dance

Grades 6-8

Saturdays, January 17 and February 21; 8:00-11:00pm

Rosenbloom OM JCC

Dance, DJ, open gym and snacks.

\$10/JCC M; \$15/NM

Middle School ID required: No one will be permitted without an ID. Accepted Middle School IDs: a report card or a class schedule with the year, your name and grade. Bus cards will not be accepted as ID.

For more information, contact Melanie Waxman:
410.356.5200, x386 or mwaxman@jcc.org.

Ski and Snowboard Trip to Ski Liberty

Grades 9-12

Sunday, January 25; 7:00am-7:00pm

This is your chance to hit the slopes with your friends. Hop on our coach bus for the short trip to Ski Liberty and then ski or snowboard your day away.

\$105/lift ticket only; \$120/lift ticket and equipment rental; \$135/lift ticket, equipment rental and lesson. Includes bus transportation and snacks.

For more information, contact Melanie Waxman:
410.356.5200, x386 or mwaxman@jcc.org.

Ultimate Makeover

Girls ages 10-15

Mondays, Wednesdays & Thursdays, January 26-March 20;
4:00-5:00pm

Rosenbloom OM JCC

Feel your best, look your best, and be your best! In this eight-week course we'll give you the essential ingredients you need. You will learn fun and effective exercises to get strong and improve your posture. You'll get take-home tips about how to choose and prepare a tasty and healthy diet. You'll "rock" your wardrobe and learn about body care and age-appropriate make-up. And the special treat? At course completion you'll receive a makeover and professional photo shoot. The course is taught by Sharie Helfand who is a JCC personal trainer specializing in this balanced approach to coaching teen-aged girls.

\$160/JCC Members only

For more information, contact Lynn Rosen Stone:
410.356.5200, x502 or lrosenstone@jcc.org.

Teens Lead the Climb to the SUMMIT!

Teen Summit

Ages 13-18

**Saturday, February 7-
Sunday, February 8**

Pearlstone Conference and
Retreat Center

Thanks to the hard work of their peers, next month Baltimore Jewish teens will head to the second annual Teen Summit.



Alyssa Chircus, a senior who attends Owings Mills High School and Mollye Lipton, a junior at the Shoshana S. Cardin School, have joined forces with the JCC Teen Department and devoted many hours to making sure that this program will be a huge success.

Both girls came to last year's Summit, the first of its kind. They agree that the JCC is onto something great. Alyssa says, "The best thing about last year's summit was that kids got to network and learn about what each other's youth groups do." Last year's summit was the springboard for teen driven programs like JEYO (the Jewish Environmental Youth Organization). JEYO meets regularly and has encouraged new "green" initiatives since its inception.

This year, Alyssa and Mollye's committee will once again harness teen power to accomplish something meaningful. Mollye says, "The theme is media and marketing and we'll break up into groups to plan ways to market hypothetical JCC programs with the help of marketing experts. We'll take the best ideas and really use them during the year!"

Of course, it wouldn't be a teen event without tons of fun. From provocative discussions and Jewish environmental activities to a dance, a workout class and time to just hang out, the co-chairs are sure everyone will have a blast.

Programs like the Teen Summit make the JCC the crossroads of the Greater Baltimore Teen Jewish Community.

A nominal deposit of \$18 is required to participate.

**For more information, contact Melanie Waxman:
410.356.5200, x386 or mwaxman@jcc.org.**

Motzai Shabbos For Teens

Middle School: 7:30-9:30pm; High School: 9:30-11:30pm

Weinberg PH JCC

Join us for supervised, single-gender teen fun in the pool, gym and teen lounge.

Girls nights: January 10, 24; February 7 and 28 (pool only)
Boys Nights: January 3, 17, 31 (pool only); February 21 & March 7
February 14: NO PROGRAM-Presidents Weekend

Check out www.jcc.org/phteens for details. For more information, contact Shira Ocken: 410.542.4900, x229 or socken@jcc.org.

Prepare for the GED

Ages 15-20

Beginning in January

Weinberg PH JCC

This five-month program offers 100 hours of General Education Development (GED) preparation and practice tests. It also includes workshops, motivation building and goal-setting workshops. Meets two evenings per week.

**For more information, contact Shira Ocken:
410.542.4900, x229 or socken@jcc.org.**



COLLEGE CENTER AT THE JCC

ACT Workshops

Preparation for the February ACT

Rosenbloom OM JCC

Math Workshop

Sunday, January 18; 11:00am-1:00pm

Prepare for the Algebra, Geometry and Trigonometry questions on the Math portion of the ACT.

Science Workshop

Sunday, January 25; 11:00am-1:00pm

Learn the analysis, evaluation and problem-solving skills that are tested in the Science section of the ACT.

Advance registration required.

\$150 per workshop. Each workshop includes a full practice test given separately.

SAT/ACT Test Prep

High School Juniors

Be fully prepared for your upcoming college admission tests. Meet with a tutor for eight customized sessions and take advantage of unlimited practice tests. Call for pricing and scheduling.

For more information on ACT and SAT test preparation, contact Esther Gunter: 410.356.5200, x612 or egunter@jcc.org.

The JCC College Center and Tactical College Consulting Present:

Maximizing Your Early High School Years

Students in grades 8-10 and their parents

Sunday, February 1; 11:00am

Rosenbloom OM JCC

Preparing for college is a four-year process! College admissions consultant Craig Meister will clarify what eighth, ninth and tenth grade students should be doing now in order to get into the best colleges later.

\$20/JCC M Family; \$30/NM Family

Get Into College!

Save the Dates

June 22-25

A week-long college admissions workshop for rising high school seniors

To reserve your space or for more information on these programs, contact Craig Meister: 410.526.2558